

DAY SPA  
HYDROTHERAPY CLINIC



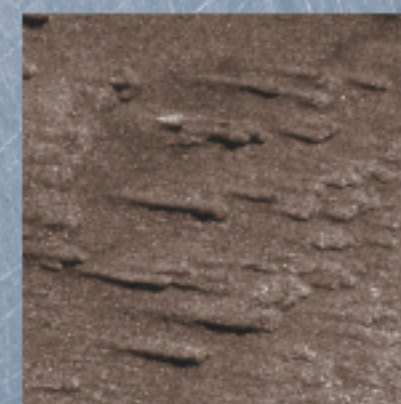
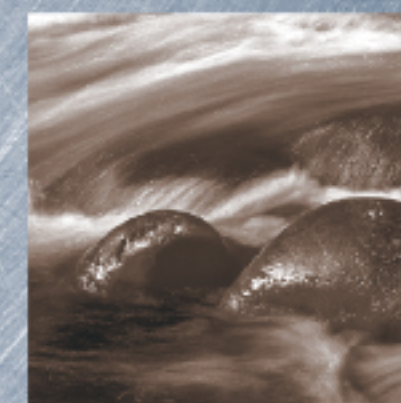
DAY SPA  
HYDROTHERAPY CLINIC

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RETREAT YOURSELF™



## RETREAT YOURSELF™

The Pearl Day Spa was founded in 2001 by long-time Eugene resident Susan Zahn. Having spent her childhood summers in Hot Springs, Montana, Susan had a natural affinity and appreciation for the healing power of the massages, mud baths, and other therapies offered there.

To this day, our reputation is built on our exceedingly skilled staff providing the same hydro-based therapies on which The Pearl Day Spa was founded. The extensive list of service offerings have one thing in common: your ultimate satisfaction.

More than a spa, we are committed to the health and overall well-being of you, our client, but also to our community which has allowed us to thrive and grow. Whether relaxing in our serene garden in the warmer months or retreating indoors to the comfort of our lounge in the cooler seasons, we are certain you will find a place here with us.

Come--enjoy. Heal, rejuvenate, relax, and restore.

Sean Vierra

TIME SLOWS. BODY HEALS. LIFE COMES TO A NATURAL REST.





### TOUCH: Massage

We offer all levels of nurturing massage, from relaxation and stress reduction to deep therapeutic work. Feel free to discuss your special needs with your personal practitioner before you begin your session. If you are unsure which massage may be best for you, or you're unfamiliar with the benefits of a particular method, please ask. We're here to answer.

#### BODY WORK AT THE PEARL

- Acupressure
- Cranial-Sacral Massage
- Deep Tissue Massage
- Hawaiian Hot Stone Massage
- Lomi Lomi Hawaiian Massage
- Lymphatic Drainage
- Myofascial Release
- Pregnancy Massage
- PNF (Proprioceptive Neuromuscular Facilitation)
- Reiki and Energy Balancing
- Sports Massage
- Swedish Massage
- Trigger Point Therapy

#### INJURY CLINIC

Some needs are greater than others. We provide therapeutic work for sports or accident related injuries and chronic pain. We also offer supplementary treatments for many systemic conditions, including cancers, edema, skin disorders and others. The Pearl both receives and makes referrals to doctors, chiropractors and other healing professionals.

We accept and bill insurance. Please call us to discuss your needs.

### FLOW: Hydrotherapy

Hydrotherapy involves water, steam, hot and cold treatments which affect the fluids in the body. Tension creates blockages and causes swelling and toxin buildup. Hydrotherapy helps to flush the body systems, revitalize, detoxify and facilitate healing.

#### BODY TREATMENTS

- Hot Stone Therapy (entire massage with heated stones)
  - Raindrop/Essential Oil Treatments (extensive oil massage and hot towel treatment.)
  - Salt Glow (invigorating exfoliation using the finest salts and essential oils)
  - Sugar & Spice Scrub (energizing exfoliation using organic sucanat and oils)
- #### ADD ON MINI TREATMENTS
- Dry Brushing (exfoliating to skin, aids lymph flow—add to massage or wrap)
  - Steam Treatment (full body aroma therapy steam—add to massage)
  - Premium aromatherapy (choose from our current selection of premium, therapeutic-grade essential oils and receive a spritzer of your scent to take home)
  - Complimentary aromatherapy (choose from a list of single-note oils to be incorporated into your treatment)

#### BODY WRAPS

Total detoxifying body therapies using aroma steam, natural botanicals, minerals, earthen and sea formulas. Upon application of these products, your body is enfolded in a warming wrap allowing the formulas to do their magic. Your therapist gives a head and neck massage with cooling herbal face compresses. You emerge glowing, refreshed and deeply relaxed. For the ultimate experience add extended massage or essential oil treatments.

(For a full list of wraps—see insert)

### INDULGE: Facials

Our Aestheticians use **YONKA** products, a family owned and run company in Paris, France, utilizing only the highest quality and most natural ingredients. All facials are customized for your individual skin care needs.

#### FACIALS

**Maintenance Facial (1 hour)**  
*This facial is perfect to carry you through between full facial services. Cleanse, hydrate, and rebalance your skin. Includes steam, masks, aromatherapy towel treatment, and facial, arm, and hand massage. Does not include extractions.*

**The Pearl Signature Facial (1.25 hours)**  
*For a more in-depth treatment, this facial expands the massage as well as provides cleansing extractions if needed.*

**Soothing Stone Facial (1.25 hours)**  
*For ultra hydration this is the ultimate in pampering your skin—you are massaged with warm stones as well as rejuvenated with a luxurious mask and deeply penetrating serums to revive tired skin. A divine pleasure of the senses.*

**Skin Fitness for Men (1.25 hours)**  
*A deep cleansing skin treatment that purifies & conditions the masculine complexion. Detoxifying mask, steam, hot towel treatments and rejuvenating massage included.*

**Nirvana (1.75 hours)**  
*Our most extensive facial with lots of time for massage. The facial experience which will transport you to the deepest level of relaxation and skin care—leaves you smooth and glowing like never before.*

**Back Facial (1 hour)**  
*A treatment for the skin on your back. Deep cleaning, exfoliation, mask, hot stone and soothing massage.*  
*Cont. next column*

**Yonka Age-Correcting Facial (1.5 hours)**  
*This category of facials is aimed at visible results. Combining age-corrective products and treatments from Yon-Ka Paris with special application and massage techniques, you will leave looking visibly younger, firmer, smoother, and radiant. Choose from Optimizer, Alpha Vital, or Stimulastine. A professional consultation will determine the best treatment for your concerns.*

**Deep Cleansing Facial (1.5 hours)**  
*A focused treatment for the congested or blemish-prone complexion. This facial will include extra time for extractions as well as products to calm and nourish irritated or acneic skin.*

**Lunchtime Facial Peel (30 minutes)**  
*An express service to exfoliate and address sun damage, dryness, acne, or fine lines and wrinkles.*

**The Pearl Signature Facial + Peel (1.5 hours)**  
*Address concerns such as sun damage, dryness, acne, or fine lines and wrinkles with a facial peel added to our Pearl Signature Facial. Our esthetician will perform a consultation to determine the best treatment for your concerns.*

#### BODY WAXING

Full face and body. (See insert)

**At The Pearl we aim to provide high-quality therapeutic spa experiences. Neither purely clinical nor purely relaxation, our services strike the balance that not only creates results but leaves you feeling deeply rejuvenated. From the premium teas in our lounge to our exceptionally high-quality products used in every service, each visit will stimulate your sight, touch, taste, sound, and smell.**

### INDULGE: Hands and Feet\*

For your service, choose from classic polish, hybrid polish, or gel polish.

For nail services 60 minutes or over, choose from one of our four custom journeys created exclusively for The Pearl by **kəvən**, a local artisan and creator of premium personal care products. Exclusive blends of herbs, exfoliants, essential oils, and moisturizers create the ultimate experience. See our in-room menu for current selection.

#### MANICURE / HAND THERAPY

**Mini-Manicure (30 minutes)**  
*Simple luxury—nail care and polish for hands.*

**Manicure... (1 hour)**  
*Cleansing, moisturizing, essential oil exfoliating scrub, hand massage, total nail care and polish.*

**Hot Oil Manicure**  
*A luxurious addition of heated oil for dry cuticles, hands and arms.*

#### PEDICURE / FOOT THERAPY

**Mini-Pedicure (30 minutes)**  
*Simply lux—nail care for feet and polish.*

**Pedicure (1 hour)**  
*Foot soak, exfoliation and sloughing of calluses, essential oil exfoliating scrub, moisturizing mask, complete nail care for feet and polish.*

**Pedicure (1.5 hours)**  
*All the above plus hot stone massage for lower leg and essential oil treatment.*

\* Gel polish not available in "mini" services. See insert for pricing details.

**Local beer and wine available for purchase to enjoy before or after your services.**

### LUXURIATE: A Day at the Spa

The Pearl offers several retreat packages designed to shoo away the world of cares and leave you feeling your best. Walk in, levitate out. *Don't see what you want? Call us for a consultation to design your special retreat.*

**Rapture (allow 5 hours)**  
*You will be transformed during your day of luxury. A facial, hand and foot treatment with an hour massage. Not only for your body but for your peace of mind. Light gourmet lunch included.*

**Ecstasy (allow 6.5 hours)**  
*The ultimate indulgence is a sampling of all the spa treatments. A facial, hand and foot treatment, a body treatment and an hour massage. You deserve the bliss! Light gourmet lunch included.*

**Gentleman's Retreat (allow 5.5 hours)**  
*Work hard, play hard—time to get away and soothe those tired muscles and relax. A one hour massage, whirlpool foot treatment, facial and hot stone therapy. You'll emerge from your day refreshed and renewed. Light gourmet lunch included.*

### SURPRISE: Gift Certificates

What better indulgence for the person who deserves everything than a gift certificate to The Pearl? We'll be happy to design a custom package for your special recipient.

#### GARDEN RETREAT

Come visit our lush garden in warmer months—a wonderful environment to relax in before or after treatments.

#### SPECIAL EVENTS

We're delighted to schedule and help you plan birthday parties, pre-wedding parties or any other special event at the spa. Please call at least three weeks in advance.

### ESSENTIALS

Please arrive 15 minutes prior to your appointment.

Just bring yourself, in comfortable clothes. If you are booked for multiple services in the same day, robes, sandals, and totes are available for your use.

For your serenity, please turn off your cell phones while in the spa.

If you must cancel or reschedule your appointment, please observe our 24 hour cancellation policy to avoid being charged a late fee. Allow 48 hours for spa packages. Our cancellation fee is 50% of your appointment value.

A credit card must be placed on file for all appointments valued at \$250 or more.

In the instance of a late arrival, your appointment time may need to be adjusted out of respect for other appointments scheduled after you.

In appreciation of your service, a 10-20% gratuity is customary.

Prices subject to change.

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OPEN 7 DAYS PER WEEK



#### CHAIR MASSAGE

- Events
- Parties
- Workplace